



NEWS

APRIL 2025

ANOTHER BUMPER EDITION! LOTS TO TELL YOU!

NEW LOOK WEBSITE!

We are **overjoyed** to announce the launch of our new website!

Our **VERY** grateful thanks to **Workhouse Creative Marketing** for designing and donating the original site when we started out, and for hosting it free of charge for over 10 years! It's been a huge contribution to our growth as a charity.

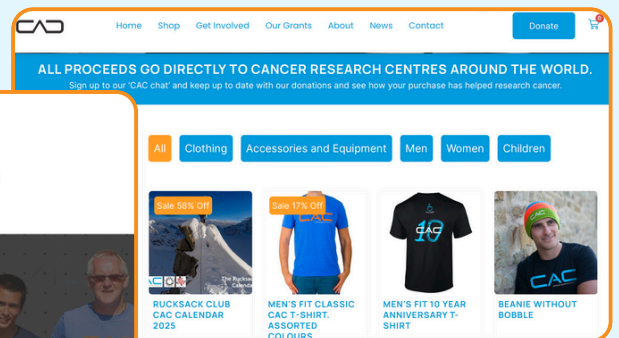
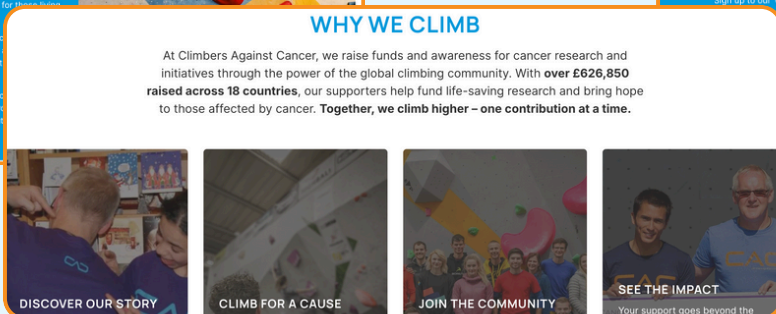
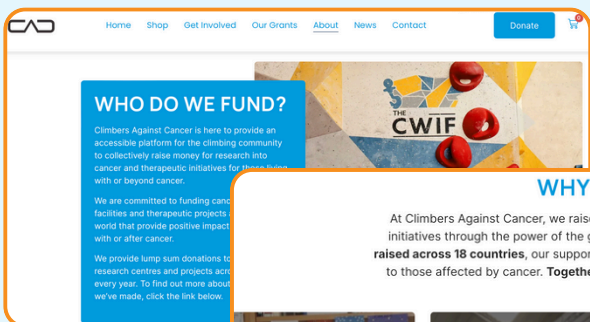
And our heartfelt thanks to **Pink Pine Media** who are being equally generous for the new version. **What an incredible gesture from both companies!!**



You'll be able to find this newsletter and more in the "news" section, where we regularly publish articles. **AND** we're updating the photos of our merch' in the Shop. **PLUS** European shoppers will be redirected to our euro-boutique where they can pay in Euros and avoid customs duties!

We're translating the 'bones' of the site for our non-English speaking supporters and adding audio versions of our blog articles, to be more inclusive and accessible.

Scan the code to check it out now! We hope you love it as much as we do! **Let us know what you think** by DM on social media or drop us an email (address in the footer).



UK Charity Commission no. 1200162

WORLD CANCER DAY

Celebrating world cancer day sounds weird - who wants to celebrate this terrible disease right? - but like many others, we saw it as **an opportunity to raise awareness.**

NICAS (the UK's National Indoor Climbing Award Scheme) collaborated with us for World Cancer day by donating £5 to us for every NICAS x CAC t-shirt sold. They are still available! **Scan to shop!**



Buy here →



Thanks to Ben Menashe's video skills, and contributions from athlete ambassadors **Campbell Harrison, Adam Ondra, Kenton Cool, Anita Aggarwal, Stasa Gejo, Cait Horan and Farnaz Esmailzadeh**, the message on the day was to get involved so we can **beat this disease together.**



Recently arrived Athlete Ambassador and cancer survivor Nicole Berthod has been busy for us already. Proceeds from 'TOUNE D'AUTOMNE' a film featuring Nicole and her brother Didier, are going to CAC. The world première in Martigny, Switzerland, on World Cancer Day itself, was sold out! Other screenings and festivals are planned! **Scan the QR Code to see the teaser!**

See the teaser here →



COMMUNITY VIDEO OF THE MONTH

You may remember we invited you to send in a video featuring CAC? **Oliver Axon** won video of the month in February, featuring Sophie in a variety of CAC merch'. Scan the QR to watch it! Send yours in too, there's a free T shirt up for grabs!

Watch here →



Speaking of growing, we now have 10,000 followers on Instagram! Are you one of them?

GOT SOME SPARE TIME?

We are so grateful that CAC is still growing, ten years on. You are still buying, fundraising,... and inviting us to run a stall at your local comp, for example. But our small band of trustees and volunteers cannot be everywhere, so...

Join us!

CAC
climbed against cancer

VOLUNTEERS NEEDED

Got a few hours to spare?
Join the CAC Crew!
Volunteer to sell merch' at an event near you!



Contact
hello@climbersagaincancer.org
lynn@climbersagaincancer.org

"IN LIFE, WE ARE ALL CLIMBERS"
John Ellison, Founder



SARA ANDRADA

NEW ATHLETE AMBASSADORS!

Holà! and welcome to Dani and Sara ANDRADA, our first sibling athlete ambassadors!

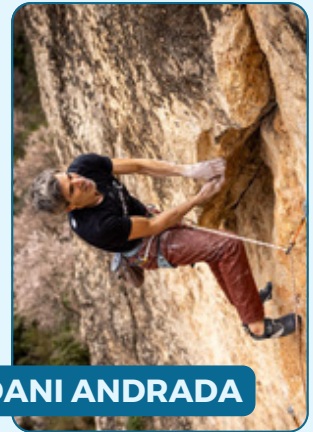
Sara says; "I am a **breast cancer patient since 2012** and **living with metastases since 2018**. Since living with cancer, **movement has become my greatest ally**. Exercise helps me ease the side effects of treatments and makes me feel stronger, more present.

In recent years, I have discovered something even more valuable than climbing itself: **the solidarity within this world**. Thanks to Álex from ClimbSkin (a long-standing CAC supporter, Ed.), I have had the privilege of seeing firsthand the commitment and unwavering support of the climbing community – people who, beyond the sport, reach out and strive to make the path easier for others. Being part of Climbers Against Cancer is both an honour and a joy. As a patient, I know that every step, every effort, and every gesture matters. And because, in some way, **we are all still climbing towards LIFE**. Because **the real challenge is to keep moving ahead, keep climbing, and open new routes towards a future filled with more hope.**"

Dani adds; "Since I started climbing in the late '80s, this sport has become my passion and way of life. Over the years, I've seen cancer affect people very close to me – my father, my uncles, friends... Some are no longer here, and my sister Sara continues to face the disease with admirable strength.

I believe that **support and visibility are essential** – not only when illness touches us personally, but always. That's why being an ambassador for Climbers Against Cancer is my way of contributing, helping to give a voice and support to those who need it.

Because every gesture counts, and together, we can make a difference."



DANI ANDRADA

AWARENESS

We're ramping up our efforts on raising awareness about cancer. Recent articles on the website include:

- A single cigarette can reduce life expectancy
- Fibre is your friend
- February is the awareness month for Gall bladder and Bile duct cancers
- February 15, world paediatric cancer day
- Could Vaccines stop cancer from even starting?
- March, multiple myeloma, colon and kidney awareness month, including information on a grant we made to colon cancer research
- Air pollution causing cancer among never-smokers

We share these via the Tuesday Tip on our social media channels.

**Is there an area you'd like us to feature?
Drop us a line!**

RESEARCH UPDATE

Dr. Vincent Picco, head of the Stem Cells and Brain Tumors team in Monaco's Scientific Centre, got in touch to tell us that the MEPENDAX clinical trial is under way, in part thanks to the grant we gave them back in 2023!



Read more



RECENT EVENTS

January

Jane Reedy joined **Kong Running** to share her journey in fighting cancer and becoming active again. In her motivating testimony she spoke about resilience, recovery, and the life-changing benefits of staying active.

February

Rock Over Climbing hosted the **Lancashire Adventure Film Festival (LAFF)** on Feb 8, showing two CAC films: our 10th anniversary film and 100 Stars at Stanage, both by Ben Menashe.

Rab Equipment Women's Social welcomed women who do climb and some who don't to an evening filled with climbing, socialising and discovery. Erin McNeice also joined the crew to share some beta and her Olympic journey.

March

Kendal Wall celebrated **International Women's Day** by encouraging folks to boulder their way to the top of Everest. £2,669 were raised and Everest's 8,849m were climbed - three times over!

Plywood Masters once again delivered a great fun and friendly atmosphere for people to climb alongside some of the best indoor/outdoor climbers in the UK. Our stall made £520 in sales, and the raffle and donations raised £385! Congrats to long-time CAC supporter Max Milne, who won this year's edition!

Wide Boyz' Crackfest was back at The Depot Sheffield. The event welcomed just over 230 climbers for some 'cracking climbing'. And our CAC stand made £460 in sales!

Thank you so much for all of these!

Have you been fundraising for CAC or do you have a fundraiser coming up? Send us photos/details so we can get more people behind you!



CLIMBERS AGAINST CANCER

Fighting cancer since 2014
UK registered charity n° 1200162



OUR CHARITABLE PURPOSES

- RESEARCH**
Nearly £600,000 donated in 10 years to research facilities on every continent
- AWARENESS**
Presence at competitions and events, internet publications
- SUPPORT**
Funding projects and organisations that support people who are living with and beyond cancer, as well as those close to them

Our partners' generosity helps keep our running costs low so 100% of profits from sales and 100% of donations and fundraising go to beating cancer



HELP US DO MORE!

- Buy and wear CAC clothing
- Volunteer to run a CAC stand
- Make a donation or organise a fundraising event
- Become a partner or CAC Centre



"IN LIFE, WE ARE ALL CLIMBERS"

Notice our new roll up on recent events ?

YOU CAN STILL SUPPORT

Donate here!



Toby and Charlie will be making a new bid to reach the summit of Norway's 3rd highest mountain. Due to an injury for Charlie, they had to abandon their first attempt, but this time they are going back, more determined than ever and raising funds for us!



Stefanie Strasser, our new German CAC volunteer, is taking on her first attempt at The Grainau Trail (16km) while raising funds for us. Donate to encourage her in her preparation!



UK Charity Commission no. 1200162